TITLE OF COURSE   Behaviour Management   COURSE NUMBER:

PROGRAMME   Mental Retardation Counsellor Programme

INSTRUCTOR: Gerry Page

DATE: September 1980 and Spring 1980

Course Description:

A study of learning principles and motivation vnth emphasis on principles of operant behaviour. Behaviour modification techniques and programming methodologies will be studied in relation to their application for assisting persons v/ith retarded behaviours to gain maximum independence. Behavioural technology, counselling and programime formats will be studied vnthin a humanistic frame of reference keeping in mind ethical considerations.

Course Goals:

Upon completion of the course the student will demonstrate the following:

1) the ability to identify behaviour in operational terms

2) dem.onstrate and apply several methods of observing behaviour

3) write out several program formats outlining the techniques and procedures to be used in behaviour modification and task analysis and the ability to apply the above techniques and procedures

4) demonstrate several methods of recording data and apply this knowledge to practicum

5) understand the concepts and principals of classical and operant conditioning and the ability to apply these principals to the work environment

6) implement training and task programs effectively

7) give a written description of their procedure and results, including an evaluation of the effectiveness of the program and any recommendations for program change, which might improve the program effectiveness

8) present an I.P.P. narrative based on an assessment tool (B.L.S. or A.B.S.) and being able to interpret assessment results in an organized fashion

9) plan long-term and short-term vocational and residential goals from assessment tool

10) have a clear understanding of "Standards for the Use of Behavioural Modifications and Related Behavioural Procedures in Facilities for the Mentally Retarded".

^ /   Learning Resources:

Required Text: Behaviour Modification: What It Is and How to Use It
                 "Authors: Martin, Pear

Optional Text: About Behaviourism
                 Author: B.F. Skinner

Additional A/V or films (depending on availability) will be used in conjunction with the above text.

Students will be expected to engage in role playing in order to facilitate learning. Demonstrations will also be carried out in the work environment while on field placements.

Syllabus:

Week I: Introduction, Course Outline, Observational Techniques

Week II: Data Collection (Lecture and Exercise)

             Defining Behaviour (Operationally), Progress Reports

Week III: Baselining (How To, and Types), Progress Reports cont'd

             Programm.GS Outline (Behavioural vs. Task Analysis)

             Operant and Classical Conditioning

Week IV: Increasing Behaviour

                  Reinforcement: Uses and Abuses
                  Reinforcement Schedules

Week V: Token Economy

Week VI: Shaping Techniques

             Chaining (Reverse and Forward)

Week VII: Mid-Term

Week VIII: Fading Techniques

             Stimulus Control

             Crisis Intervention

Week IX: Generalization, Stimulus Discrimination

             Aversive Therapy

Week X: Aversive Therapy cont'd   a) Punishment b) Overcorrection

             Extinction

Week XI: B.L.S. Assessment 1 ^„, A^r^i.-^-.^—;^^
                            y and Application
             A.B.S. Assessment J

r- /   Syllabus cont'd...

    Week XII: I.P.P. Meetings

    Week XIII: Behavioural Guidelines and Standards

    Week XIV: Review

    Week XV: Final Exam

<u>Evaluation</u>:

Students will be expected to be in attendance and act as a participant in classroom and field work areas. Students will be graded as follows.

1)	Class attendance and participation	10%
2)	Quizzes (one each week) - average	30%
3)	Two Behaviour Modification and Task Analysis programmes	10%
4)	Mid-Term	*Zb%*
5)	Final Exam	25%
	Total	100%